

re:lax

kate white // holistic therapist // facialist



facial // 60minutes // £50

re:balance

oily to blemish prone skin // active ingredients of niouli, patchouli, vitamin C, tamanu oil and tea-tree deeply cleanse without stripping skin // activated charcoal and witch hazel mask exfoliates and deep cleanses

re:nourish

sensitive to combination skin // active ingredients of lavender, geranium, chamomile and evening primrose oil calms, soothes and balances skin // honey and clay mask purifies and hydrates

re:plenish

dry to dehydrated skin // active ingredients of orange, grapefruit, comfrey and neroli exfoliates and reveals fresh, bright skin // matcha and orange over mask full of antioxidants and vitamin C for healthy skin

re:verse

anti-aging // active ingredients of frankincense, myrrh, rose and rose hip oil promote skin cell regeneration, prevents collagen breakdown and protects from free radical damage // red clay and rose mask rejuvenates, cleanses and calms skin

re:vive

dull, tired skin // active ingredients of sicilian orange, rosewood and japanese wakame revive dull, tired skin leaving it with a healthy glow // moroccan rhassoul and kaolin clay mask slough off dead skin bringing it back to life

aromatherapy // 90minutes // £65

30-minute holistic consultation where all aspects of mind, body and soul health are discussed in order to create a blend of aromatherapeutic oils tailored to your needs

aromatherapeutic blends can focus on many things including; stress, insomnia, mind clarity, muscle discomfort, inflammation, PMS, libido, digestive issues, circulation and detoxication

the consultation is followed by a 60-minute full body massage including face and head using your personal blend

holistic massage // 60minutes // £50

full body massage tailored to each client focusing on relieving emotional and physical tension, restoring balance and healing the body

reflexology // 60minutes // £50

reflexology is the practice of stimulating specific reflexes in the feet to help the body heal itself from within.